

20

Personal Record

Scout Name	 	
Phone Number	 	
Date of Arrow of Light		

Bring to EACH Board of Review

Name

Eagle Required Merit Badges

Camping

Citizenship in the Community Citizenship in the Nation Citizenship in the World Communications

Cooking

Cvclina **Emergency Preparedness Environmental Science** Family Life

First Aid Hiking

Lifesaving Personal Fitness Personal Management

Sustainability Swimming

All Merit Badges In Alphabetical Order

American Business American Cultures American Heritage American Labor **Animal Science** Archaeology Archery Architecture

Art

Astronomy Athletics

Automotive Maintenance

Aviation Backpacking **Basketry** Bird Study Bugling Camping Canoeing Chemistry Chess

Cinematography Cit In The Community Citizenship In The Nation Citizenship In The World

Climbing Coin Collecting Collections **Communication** Composite Materials

Computers Cooking Crime Prevention

Cycling Dentistry

Disabilities Awareness

Dog Care **Drafting** Electricity Electronics

Emergency Preparedness

Energy Engineering Entrepreneurship **Environmental Science** Family Life Farm Mechanics Fingerprinting Fire Safety First Aid

Fish And Wildlife Mgt

Fishing Fly Fishing Forestry Game Design Gardening Genealogy Geocaching Geology Golf

Graphic Arts Hikina

Home Repairs Horsemanship Indian Lore Insect Study Inventing Journalism Kayaking

Landscape Architecture

Law Leatherwork Lifesavina Mammal Study Medicine Metalwork Mining in Society

Model Design and Building

Music Nature **Nuclear Science** Oceanography Orienteering

Motorboating

Personal Fitness Personal Management

Pets

Painting

Photography Pioneering

Plant Science Plumbing Pottery Public Health Public Speaking Pulp And Paper

Radio Railroading Reading

Reptile And Amphibian Study

Rifle Shooting Robotics Rowing Safety Salesmanship

Scholarship Scouting Heritage Scuba Diving Sculpture Search & Rescue Shotgun Shooting

Skating

Small-Boat Sailing **Snow Sports**

Soil And Water Conservation

Space Exploration

Sports

Stamp Collecting Surveying Sustainability <u>Swimming</u> Textile Theater Traffic Safety

Truck Transportation Veterinary Medicine

Water Sports Weather Welding Whitewater

Wilderness Survival Wood Carving Woodwork

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Name



Scout

Requirement	Date	SM Initials
 Meet age requirements. Be a boy who has completed the fifth grade or is 11 years old, or has earned the Arrow of Light Award but is under 18 years old. 		
2. Find a Scout troop near your home.		
Complete a Boy Scout application and health history signed by your parent or guardian.		
4. Repeat the Pledge of Allegiance.		
5. Demonstrate the Scout sign, salute, and handshake.		
Demonstrate tying the square knot (a joining knot).		
Understand and agree to live by the Scout Oath or Promise, Law, motto, and slogan, and the Outdoor Code.		
8. Describe the Scout badge.		
 Complete the pamphlet exercises. With your parent or guardian, complete the exercises in the pamphlet How to Protect Your Children from Child Abuse: A Parent's Guide. 		Parent Initials
10. Participate in a Scoutmaster conference.		

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Tenderfoot

Requirement	Date	Initial
Present yourself to your leader, properly dressed, before going on an overnight		
camping trip. Show the camping gear you will use. Show the right way to pack and		
carry it.		
2. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.		
3. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why		
it is important for each patrol member to share in meal preparation and cleanup, and		
explain the importance of eating together.		
4. Ropes		
a. Demonstrate how to whip and fuse the ends of a rope.		
b. Demonstrate that you know how to tie the following knots and tell what their		
uses are: two half hitches and the taut-line hitch.		
c. Using the EDGE method, teach another person how to tie the square knot.		
5. Explain the rules of safe hiking, both on the highway and cross-country, during the		
day and at night. Explain what to do if you are lost.		
6. Demonstrate how to display, raise, lower, and fold the American flag.		
7. Repeat from memory and explain in your own words the Scout Oath, Law, motto, and		
Slogan.		
8. Know your patrol name, give the patrol yell, and describe your patrol flag.9. Explain the importance of the buddy system as it relates to your personal		
safety on outings and in your neighborhood. Describe what a bully is and		
how you should respond to one.		
10. Physical Fitness		
Current results		
a. Record your best in the following tests:		
g and a grant		
❖ Pushups		
❖ Pull-ups		
❖ Sit-ups		
❖ Standing long jump (ftin)		
❖ 1/4-mile walk/run		
	1	1

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Name			

30	days	later					
	b. Sh	ow Improvem	ent on these tests:				
	*	Pushups					
	*	Pull-ups					
	*	Sit-ups					
	*	Standing Ion	g jump (ft	in)			
	*	1/4-mile walk	√run				
11	. Iden	tify local poiso	onous plants; tell how to	treat for exposure	to them.		
	quire					Date	Initial
12	. First						
			w to care for someone w	vho is choking.			
			r the following:				
	*	•	and scratches				
	*		e hand and foot				
	*		or scalds (first-degree)				
	*	_	s of insects and ticks				
	*	Poisonous si	nakebite				
	*	Nosebleed					
	*	Frostbite and	d sunburn				
13	Dem	onstrate Sco	ut spirit by living the Sco	ut Oath (Promise) :	and Scout Law in your		
			uss four specific exampl		· · · · · · · · · · · · · · · · · · ·		
	•	t Law in your		cs of flow you flav	o iived the points of the		
	0000	,	20y 0.				
14	. Parti	icipate in a Sc	outmaster conference.				
15	Com	plete your bo	ard of review				
.0	. 0011	ipioto your bo	ara or roviow		Date:		
	Circ	le One:	Passed	Retry	Date.		
	. BC	OR Initials:					

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Name			
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Second Class

Re	quiremen	t						Date)	Initial
1.	Oriente	ering								
			w a compas	ss works and h	ow to orient a map. E	Explain what map)			
		bols mean.			<i>*</i>					
		-		-	a five-mile hike (or 10	0 miles by bike)				
2			es of "Leave		rent or guardian. *					
	Activities	ne Fillicipie	S OI LEAVE	NO TIACE						
٥.		ce ioining l	nave narticin	ated in five ser	parate troop/patrol a	ctivities (other th	an tr	oon/na	atrol	
				cluded camping			uii ti	оор/рс	11101	
	Activity	g - _/ ,			,	Date	Rq	mts	#n	ights
	,						-	d,g)		
									r	
			-		trol site and sleep in	-				
	-	-		rs you should o	consider when choos	ing a patrol site				
		where to p								
		•	roper care, s they should		d use of the knife, sa	w, and ax, and				
			•		nder, kindling, & fuel	for a cooking fire				
					oking fire. At an appr					
	-				ndling, and fuel woo	•				
					he fire unless prohibi					
					ourn safely for 2 minu					
	exti	nguish the f	lames with r	minimal impact	to the fire site.					
	-			_	tweight stove or prop		-			
	_	-	-		ht the stove unless p		al			
					dures for using these					
	-	•	-		breakfast or lunch , s DA nutrition model. E	-	OIII			
		-	-		ransport, store, and p	•	s			
		selected.	,000			opa. oo .ooa	•			
4.	•		eremony for	r your school, r	eligious institution, c	hartered				
	organizati	ion, commu	nity, or troop	o activity. Expla	ain to your leader wh	at respect is due)			
	the US fla									
5.				num of 1 hour)	service project.					
	Hours	Eagle?	Project			Date				
6	Idontify	r chow oxid	once of at la	act 10 kinds of	f wild animals (birds,	mammala rantii	loc			
	•		und in your		i wiiu ai iii ilais (biius,	mammais, repui	. 			

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Name	
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Requirement	Date	Initial			
7. First Aid					
 Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning. 					
b. Prepare a personal first-aid kit to take with you on a hike.					
c. Demonstrate first aid for the following:					
Object in the eye					
Bite of a suspected rabid animal					
 Puncture wounds from a splinter, nail, and fish hook 					
 Serious burns (second degree) 					
Heat exhaustion					
❖ Shock					
 Heatstroke, dehydration, hypothermia, and hyperventilation 					
8. Swimming					
a. Tell what precautions must be taken for a safe swim.					
b. Demonstrate your ability to jump feet first into water over your head in depth,					
level off and swim 25 feet on the surface, stop, turn sharply, resume swimming,					
	then return to your starting place.				
c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching					
with a suitable object, and by throwing lines and objects. Explain why swimmin	-				
rescues should not be attempted when a reaching or throwing rescue is possib					
and explain why and how a rescue swimmer should avoid contact with the victi	m.				
9. a. Participate in a school, community, or troop program on the dangers of using					
drugs, alcohol, and tobacco, and other practices that could be harmful to your					
health. Discuss your participation in the program with your family. Explain the					
dangers of substance addiction.					
b. Explain the three 'R's" of personal protection and safety.					
10. Earn an amount of money agreed upon by you and your parent, then save at least					
half of that money.					
11. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your	ſ				
everyday life. Discuss four specific examples (different from those used in					
Tenderfoot requirement 13) of how you have lived the points of the Scout Law in your					
everyday life.					
12. Participate in a Scoutmaster conference.					
13. Complete your board of review.					
Date:					
Circle One: Passed Retry					
BOR Initials:					

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^{*} If you use a wheelchair or crutches, or if it is difficult for you to get around, you may substitute "trip" for "hike" in this requirement.

Name



First Class

Requirement			Date	Initial
Demonstrate how to find directions during the day and at night compass.	without using	g a		
Using a map and compass, complete an orienteering course t	hat covers at	t least one		
mile and requires measuring the height and/or width of designation				
canyon, ditch, etc.).	atou itomo (ti	00, 101101,		
Since joining, have participated in 5 troop/patrol activities (other).	er than troop/	patrol		
meetings) in ADDITION to the 5 used for Second Class advan-				
these additional activities must include camping overnight. Der	monstrate the	e principles		
of "Leave no Trace Behind" on these outings.				
	Dete	# ! ! !		
Activity	Date	#nights		
Activity				
4. Cooking				
a. Help plan a patrol menu for one campout that includes at le	east one brea	kfast one		
lunch, and one dinner and that requires cooking at least two				
the menu includes the foods from MyPlate food guide or the				
model and meets nutritional needs.				
b. Using the menu planned in requirement 4a, make a list sho	t and food			
amounts needed to feed three or more boys and secure the				
 c. Tell which pans, utensils, and other gear will be needed to meals. 	cook and ser	ve these		
d. Explain the procedures to follow in the safe handling and st	torage of fres	sh meats,		
dairy products, eggs, vegetables, and other perishable food				
properly dispose of camp garbage, cans, plastic containers				
e. On one campout, serve as your patrol's cook. Supervise yo				
stove or building a cooking fire. Prepare the breakfast, lunc				
requirement 4a. Lead your patrol in saying grace at the me				
cleanup.		-l -ff:-:-l		
 Visit and discuss with a selected individual approved by your le judge, attorney, civil servant, principal, teacher) your constitution 				
obligations as a U.S. citizen.				
6. Identify or show evidence of at least 10 kinds of native plants for				
7. Lashings	oana in your	community.		
a. Discuss when you should and should not use lashings. Der	monstrate tvi	na the		
timber hitch and clove hitch and their use in square, shear,				
by joining two or more poles or staves together.				
b. Use lashing to make a useful camp gadget.				

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Name			

Requirement	Date	Initial
8. First Aid		
 a. Demonstrate tying the bowline knot and describe several ways it can be used. 		
 b. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone. 		
 c. Show how to transport by yourself, and with one other person, a person: From a smoke-filled room 		
With a sprained ankle, for at least 25 yards		
 d. Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR). 		
9. Swimming		
a. Tell what precautions must be taken for a safe trip afloat.		
b. Successfully complete the BSA swimmer test.		
 c. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.) 		
10. Tell someone who is eligible to join Boy Scouts, or an inactive Boy Scout, about your	İ	
troop's activities. Invite him to a troop outing, activity, service project or meeting. Tell him how to join, or encourage the inactive Boy Scout to become active.		
11. Describe the three things you should avoid doing related to the use of the Internet. Describe a cyberbully and how you should respond to one.		
12. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.		
Discuss four specific examples (different from those used for Tenderfoot requirement		
13 and Second Class requirement 11) of how you have lived the points of the Scout		
Law in your daily life.		
13. Participate in a Scoutmaster conference.		
14. Complete your board of review.		
Date:		
Circle One: Passed Retry		
BOR Initials:		
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Name_		
rame		



Star

Re	equirement							Date	Initial	
				patrol for at leas						
				y living the Scou				day life.		
3.	Earn six	merit bad	ges, inclu	uding any four fr	om the rec	quired list for E	agle.			
	oglo	Dodgo							Date	_
Y	agle	Badge							Dati	=
Y										
Y										
Υ	,									
١	l									
N	-									
	must be	approved	by your	take part in servi Scoutmaster.						
	Hours	Eagle?	Projec	l					Date	7
	respons Assistar Chief, S	ibility (or cant of Senior P cribe, Libra	arry out a atrol Lea arian, His	serve actively for a Scoutmaster-ander, Senior Patro storian, Quarterroce Trainer.	assigned le rol Leader,	adership proje Troop Guide,	ect to help t Order of th	he troop) File Arrow tro	Patrol Le op rep, l	ader,
	Positio	n					S	tart Date	End	Date
										1
				conference.						
7.	Complet	te your boa	ard of rev	/iew.						
	Circle	One:		Passed		Retry		Date:		
	Oncie	One.		1 03300		- Retry				
	BOR II	nitials:								
* <i>P</i>	Scout r	nav choos	e anv of	the 15 required	merit bado	nes in the 12 ca	ategories to	o fulfill this r	eauirem	ent. EG e

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^{*} A Scout may choose any of the 15 required merit badges in the 12 categories to fulfill this requirement. EG earning both Lifesaving and E Prep is perfectly acceptable here. See the <u>Eagle rank requirements</u> for a complete list of required badges for Eagle.



Life

Requirement	Date	Initials
1. Be active in your troop and patrol for at least six months as a Star Scout.		

Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.

	Earn five more for Eagle.*	e merit badges (so that you have 11 ir	all), including any three more from the r	equired list
	Eagle	badge		Date
	Υ			
	Υ			
	Υ			
	N			
	N			
4 \Λ	/hile a Star Sc	out take part in service projects total	ng at least six hours of work. These proje	ects must be

4.	wille a 3	olai Scoul,	, take part in service projects totaling at least six hours or work. These proje	icis musi be
	approved	by your S	Scoutmaster.	
	Hours	Eagle?	Project	Date

Eagle?	Project	Date
	Eagle?	Eagle? Project

5. While a Star Scout, serve actively for six months in one or more of the positions of responsibility listed in requirement 5 for Star Scout (or carry out a Scoutmaster-assigned leadership project to help the troop).

roquironnoni o for otar oot	Jac (Or Garr	, oar a cocarnacion	accigned leaderen	p project to help t	110 ti 00p).
Position				Start Date	End Date
					,

- While a Star Scout, use the EDGE method to teach a younger Scout the skills from ONE of the following six choices, so that he is prepared to pass those requirements to his unit leader's satisfaction.
 - a. Second Class 7a and 7c (first aid)
 - b. Second Class 1a (outdoor skills)
 - c. Second Class 3c, 3d, 3e, and 3f (cooking/camping)
 - d. First Class 8a, 8b, 8c, and 8d (first aid)
 - e. First Class 1, 7a, and 7b (outdoor skills)
 - f. First Class 4a, 4b, and 4d (cooking/camping)
 - g. Three requirements from one of the required for Eagle merit badges as approved by your unit leader
- 7. Take part in a Scoutmaster conference.
- 8. Complete your board of review

Circle One:	Passed	Retry	Date:
BOR Initials:			

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Eagle

Requirement	Date	Initial
Be active in your troop for a period of least six months after you have achieved the rank of Life Scout.		

2. Demonstrate that you live by the principles of the Scout Oath and Scout Law in your		
daily life. List on your Eagle Scout application the names of individuals who you know	1	
personally and would be willing to provide a recommendation on your behalf, including	1	
parents/guardians, religious, educational, and employer references.	1	

3. Earn a total of 21 merit badges (10 more than you already have), including those badges required for Eagle: (see list at bottom of page)

Eagle	Badge	Date
Υ		
Υ		
Υ		
Υ		
N		
N		
N		
N		
N		
N		

4. While a Life Scout, serve actively for a period of six months in one or more of the positions of responsibility as identified in the Troop 20 Leadership Handbook. It is the same as Star requirement 5 except for Bugler.

Position	Start Date	End Date

5. While a Life Scout, plan, develop, and give leadership to others in a service project helpful to any religious institution, any school, or your community. (The project should benefit an organization other than Boy Scouting.) The project plan must be approved by the organization benefiting from the effort, your Scoutmaster and troop committee, and the council or district before you start. You must use the Eagle Scout Leadership Service Project Workbook, BSA publication No. 521-927, in meeting this requirement.

6. Take part in a Scoutmaster conference.	
7. Successfully complete an Eagle Scout board of review. Write essay	

These badges are required for Eagle:

- a. First Aid,
- b. Citizenship in the Community
- c. Citizenship in the Nation
- d. Citizenship in the World
- e. Communication
- f. Personal Fitness
- g. Emergency Preparedness OR Lifesaving **
- h. Environmental Science OR Sustainability **
- i. Personal Management
- j. Swimming OR Hiking OR Cycling **
- k. Camping
- I. Family Life
- m. Cooking

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^{** (}You must choose only one of the merit badges listed in items g, h or j. If you have earned more than one of the badges listed, choose one and list the remaining badges to make your total of 21.)

Name			
-			

Additional Merit Badges Earned (5 per Palm)

Badge	Date

Additional Activities

Activity	Date	#nights

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